

THE DONKEY DASH

Frequently Asked Questions

What is the Donkey Dash?

The Donkey Dash is a 5k fun run that you can walk, jog or run. It is not timed and is all about having fun!

Who can take part?

The Donkey Dash is suitable for all ages! Anyone can take part including pushchairs and wheelchairs. The course is on grass so please bear this in mind when registering as the ground is quite undulating and there will be areas of uneven ground. Children aged 16 years and under must take part alongside a paying adult and be accompanied throughout the event. School and youth groups who take part must have adequate supervision.

What should I wear?

Upon registration runners will be given donkey ears and a tail. Brooke T-shirts will be available to buy on the day. Please note that these are adult sizes only – available in Small, Medium, Large and XL. There is no dress code but it is recommended to wear comfortable clothes and shoes. There will not be showers available at the event so it is recommended that you bring a change of clothes in case of hot or wet weather.

What do I receive when I register?

Once you sign up you will receive a confirmation email from Eventbrite which will act as your ticket. We will have a list of all runners signed up on the day but please keep the email as proof in case of any issues. If you do not receive a confirmation email please email Polly.west@thebrooke.org to and let us know.

On the day all runners will need to sign in at the registration tent where you will pick up your running number, donkey ears & tail, as well as your Brooke t-shirt (if pre-ordered). For safety reasons we ask that all runners fill out their running number in case of accident / emergency.

There will be water available on route and every runner will receive a bottle of water and rosette at the end of the run.

Do I have to raise sponsorship money?

Whilst it is not compulsory, we ask that runners try and raise some sponsorship for Brooke. A link to a sponsorship form will be included in your confirmation email but is also available [here](#).

To create an online fundraising page through Just Giving visit www.justgiving.co.uk and link your page to Brooke and The Donkey Dash Event. . Or if you would rather collect your fundraising offline, you can find a sponsorship form [here](#).

We ask that all sponsorship and donations are returned to Brooke two weeks after the event. By doing so, Brooke can make sure that we are on target to achieve the best possible support for working equines in need. You can return your funds via cheque made payable to "Brooke", along with your sponsorship form and your details, to **Community Team, Brooke, 2nd Floor, The Hallmark Building, 52-56 Leadenhall Street, London, EC3A 2BJ**

What are the timings of the day?

Registration opens: 9.45
Professional Dace Warm up: 10.45
Race starts: 11am

How will I know which way to run?

We'll have signs and a route map at registration, not to mention marshals at various points to direct you.

Can I bring my dog?

This is a dog friendly event. You are welcome to take your canine friend around the course with you, as long as they are kept on leads at all times.

Are there toilets?

There will be portable toilets at the event. They will be at the start/finish only so make sure you relieve yourself before you start the race.

What about food and drink?

Water will be available along the route and at the end of the event by the finish line – but we advise you to bring some of your own as well. There will also be a food and ice cream van onsite.

Will there be any other entertainment?

There will be a professional DJ and compare getting everyone pumped up ahead of the race. We will also have real life ponies on site, including social media star 'Teddy the Shetland', who you will be welcome to pet and have photos with. There will also be a donkey mascot running alongside everyone!

What about personal belongings?

There will be no lockers, so please only bring essential items or arrange to leave valuables with a family member or friend. Brooke cannot be held responsible for any loss or damage to vehicles, public transport or personal belongings.

Will there be photos of the day?

Brooke and our media partners will have photographers on site on the day taking photos. We would love to see your photos from the day - please share them with us on our Facebook Donkey Dash page or by tagging us in Instagram posts. Please let us know prior to the event if you do not wish to have your photo taken.

Where can I see my friends/family run?

There are some great places to watch and cheer on your family and friends throughout the park. There is a hill near the middle of the course which will allow you to see the majority of the course.

No smoking

Please note this is a no-smoking/vaping event throughout.

Lost child?

Please notify a member of Brooke staff as soon as possible if you find a lost child or parent looking for a child. We have processes in place to help reunite parents and children. A good meeting point for friends is at the Brooke gazebo where you collected your donkey ears.



Where can I get help for illness or injury?

If help is needed for illness or injury, please go to (or send someone to) the nearest marshal/member of staff who will arrange for First Aid to attend. All marshals and Brooke staff will be in Orange Brooke t-shirt. There will be a qualified first aid team on site.

Is there parking? Yes there will be plenty of parking onsite. Please follow the instructions of Marshall's who will park you.

What if it rains on the day?

That won't stop us! Be prepared!