



healthy working animals  
for the world's poorest communities

## Icelandic Horse Trek Challenge 14<sup>th</sup> – 21<sup>st</sup> August 2010

### Important information

#### Riding

A lot of the riding will be done at a trot which can be fast so you will need to be a confident rider who can adapt to different riding styles. General fitness is as important as riding experience due to the long hours in the saddle.

You will be expected to ride at a variety of paces to include, walk, trot, trot and canter and we expect you to adhere to any advice/recommendations provided by the Brooke staff and vet during the course of the trip.

#### Accommodation

The accommodation is a mix of farms, school houses and community centres, and some nights the group will be sleeping in one room.

The nature of these trips means you will be spending a number of days in a challenging environment, living in close proximity with others, with basic facilities.

#### Riding equipment

Please be aware that due to Iceland's regulations, riding clothing and equipment needs to be washed, dry cleaned or disinfected before arriving in Iceland. Most veterinary clinics can do the disinfecting. It is important to obtain a written statement of the disinfecting in case of inquiries at customs in Iceland.

Saddles, bridles and other leather gear may not be brought into the country.